## **Abstract**

The invention is a guard rail support that connects a guard rail and guard rail post. The invention comprises tire planks made from recycled or new vehicle tires. The preferred method is to bond them together to form a block and then drill a hole therein. The dimensions of the length, width, thickness and the diameter of the hole or holes are made so as to comply with the specific Federal Highway Administration's (FHA) regulations. The invention provides for a more cost effective product and better method to deal with the effects of the weather than is presently employed in the current national highway system. The invention is built and tested to the specific rules and specification of the FHA.